

# “Alcoholic liver diseases and nutrition”



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Large conference room on the 1F, Graduate  
School of Agricultural Science. (1階大会議室)

Social drinking or moderate alcohol consumption for many situations is pleasurable. However, excess alcohol consumption is linked to several negative outcomes, such as a risk factor for diseases and health impacts, crime, road incidents and alcohol dependence. Alcohol consumption causes 2.8 million premature deaths per year in the world. Therefore, alcoholic liver disease (ALD) is a significant health issue in mordent society. This lecture covers the following content: global alcohol consumption patterns, leading causes of death among Taiwanese people, pathogenesis of ALD (including abnormal lipid metabolism, oxidative stress, and gut health), and nutritional care for ALD patients.